



## Sally Cook

February 18, 1947 - December 15, 2025

It is with deep sadness that we announce the passing of Sally Cook, 78, of Mooresville, North Carolina, who departed this life on December 15, 2025, surrounded by the love and warmth of her family.

Born on February 18, 1947, in Chicago, Illinois, Sally was the cherished daughter of the late Anthony and Mary Mullen Cook. Sally's life was a testament to strength and resilience. Growing up in Chicago, she forged a path that led her to become a dedicated waitress in the food service industry, nurturing her passion for connecting with people through her work. A member of St. Therese Catholic Church in Mooresville, she drew comfort from her faith and found solace in her community.

A woman of many interests, Sally loved to spend her time crocheting, sewing, and whipping up delicious meals for her loved ones. Her keen intellect and quick wit often entertained those around her, and she never hesitated to engage in thoughtful discussions, particularly about the world of politics, where her opinions were well-informed and passionately held.

Sally's legacy will live on through her beloved family. She was a proud mother to her son, Vincent Brock, and a devoted grandmother to her grandchildren, Megan and Sean Brock.

Sally was also known for her spirited allegiance to her favorite sports teams, proudly cheering for the Chicago Bears and Chicago Cubs. Her unwavering spirit and joy for life will be fondly remembered by all who knew her.

In addition to her parents, she was preceded in death by siblings, Barbara, Patty, Katy, Michael, John "Jackie", Ronald, Diana, Joan, Theresa, Robert, Richard "Dickie", and Raymond; and son, Vincent.

She is survived by her grandchildren, Megan Brock, Sean Brock; great grandsons, Oliver, Jack, and Eli; sisters, Anna Mae, Gail, Sharon; and numerous nieces and nephews.

In celebration of Sally's life, a memorial service will be held at 11:00 AM on Tuesday, December 30, 2025 at St. Therese Catholic Church, Mooresville.

Sally will be deeply missed, but her memory will forever remain in the hearts of her family and friends. May she rest in peace.

Cavin-Cook Funeral Home & Crematory, Mooresville, is serving the Cook family. Condolences may be made to the family at [www.cavin-cook.com](http://www.cavin-cook.com).

# Previous Events

## Other

DEC **30**. 11:00 AM - 12:00 PM (ET)

St. Therese Catholic Church  
217 Brawley School Road  
 Mooresville, NC 28117

# Tribute Wall

SY

“ Sally's loss is unfathomable but sharing memories are necessary. Sally's loving devotion to her family was so very evident her entire life. She loved and cared about her brothers and sisters. Called on their birthday. Reached out to make sure everyone was doing well. Inquired if anything was needed. Her kindness was shown in the manner Sally related to each personal situation. Her memory is truly our keepsake with which we will never part. God has you in His keeping and we have you in our hearts. Love you, Sal ❤️

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**Syl** - January 04 at 03:18 PM

RA

“ Sally radiated kindness wherever she went. Though our paths crossed in person only once over the years, her heartfelt messages overflowing with love, resilience, camaraderie, and wit left a lasting impact, and I know she touched everyone with the same genuine warmth. Fly high sweet Sally, you will always be missed.

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**Rachelle** - December 19, 2025 at 09:19 PM