



## Mitchell Warren Sowell

May 23, 1948 - December 3, 2023

Mitchell Warren Sowell, 75, peacefully passed away at home in Mooresville, NC on December 3, 2023, after a day full of watching his grandchildren play basketball & soccer across the greater Charlotte area. Mitch was born in Lancaster, South Carolina and was a proud, passionate University of South Carolina alumnus, who obtained a bachelor's and two master's degrees from the Columbia campus. After graduating, Mr. Sowell enlisted in the US Army during the Vietnam War to serve as a medic; following active duty service, Mitch served in the Georgia National Guard to the first Gulf War. Mitchell retired from the Georgia State Department of Corrections, where he served as a Deputy Warden for the state's largest prisons; he also retired from Troy University where he taught criminal justice.

After spending the majority of his life in the Augusta, Georgia area as a member of Hillcrest Baptist Church and Curtis Baptist Church, Mitchell and Pam found a new home in the Southside Baptist Church of Mooresville, where they were active in Sunday School and outreach ministries.

Mitch is survived by his wife of 44 years, Pamela Jean Kemmerlin Sowell of Augusta, Georgia. He is also survived by his son, Brett Paul Sowell, daughter in law, Chistine Olsen Sowell, daughter, Allison Sowell Hughes, and son in law Kevin Hughes. Mitch and Pam moved to the Charlotte area to enjoy the lives of their three grandchildren, Sarah Caitlin Sowell, Graham Paul Sowell, and Abigail Marie Sowell. Mitch is also survived by his twin brother Michael Sowell, and sister Bonnie Sowell.

Visitation will be held at Southside Baptist Church on Tuesday, December 12, 2023, at 1 PM with a memorial service to immediately follow at 2pm. A graveside service will be held on Wednesday, December 13, 2023, at 1pm at the Salisbury National Cemetery.

In lieu of flowers, memorials may be made to Southside Baptist Church, Celebrate Recovery, 525 S Broad Street, Mooresville, NC 28115.

Cavin-Cook Funeral Home, Mooresville is proudly serving the Sowell family.

Condolences may be made to the family at [www.cavin-cook.com](http://www.cavin-cook.com).

# Cemetery Details

## Salisbury National Cemetery

501 Statesville Blvd  
Salisbury, NC 28144

# Previous Events

## Receiving Friends

DEC 12. 1:00 PM - 2:00 PM (ET)

Southside Baptist Church  
525 South Broad Street  
Mooresville, NC 28115

## Funeral Service

DEC 12. 2:00 PM - 3:00 PM (ET)

Southside Baptist Church  
525 South Broad Street  
Mooresville, NC 28115

## Graveside Service

DEC 13. 1:00 PM - 1:30 PM (ET)

Salisbury National Cemetery  
501 Statesville Blvd  
Salisbury, NC 28144



# Tribute Wall



“ *Beautiful Dreams was purchased for the family of Mitchell Warren Sowell.*



December 11, 2023 at 08:21 PM



“ *Enchanted Cottage was purchased for the family of Mitchell Warren Sowell.*



December 11, 2023 at 02:53 PM



“ *Tender Tribute was purchased for the family of Mitchell Warren Sowell.*



December 09, 2023 at 10:57 AM



“ *I had the great pleasure of meeting Mitch when Allison married my nephew Kevin. He was the epitome of a true Southern gentleman: kind, friendly and welcoming. My condolences to the Sowell Family.*

**Sheila Hughes** - December 08, 2023 at 02:54 PM



“ Florist Choice Bouquet was purchased for the family of Mitchell Warren Sowell.



December 08, 2023 at 09:50 AM



“ Your Wells Fargo Family purchased the Sentiments of Serenity Spray for the family of Mitchell Warren Sowell.



Your Wells Fargo Family - December 08, 2023 at 09:05 AM



“ Your Wells Fargo Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mitchell Warren Sowell.

Your Wells Fargo Family - December 08, 2023 at 09:05 AM



“ Sentiments of Serenity Spray was purchased for the family of Mitchell Warren Sowell.



December 07, 2023 at 08:38 AM

MS

“ Mitch was my twin brother, and my best friend.  
Not many people can say they knew their best friend even before they were born.  
The thought of losing him hurts, I want to cry. I do cry.  
But the sadness soon becomes joy, as I think about how fortunate I am to have been his twin brother.  
I was born before him (fourteen minutes), but I looked to him more as an older brother.  
Growing up together, he was tougher than me; and tough-minded, like our Dad.  
Someone who was always there, steady like a rock.  
He was like a rock in more ways than one: He was also hard-headed and stubborn, like a rock sometimes.  
He was always there when you needed him; He didn't let you down.  
He was there for his family, trying never to let them down.  
He gave them good advice about careers and spouses and life.  
His kids are doing well; that is satisfying for any parent. You want your kids to do well. Not always easy. He gave them our parents work ethic; you have to earn your way through life. He gave them a good education so they could be successful. He gave them an understanding that life is more than just a physical being, but also a responsibility to God, to whom we will all give account.  
Even when the tides of life were pulling him down, he kept on going. He didn't quit. He had grit. He had mental toughness. I admired him. I loved him. I miss him.

Michael Sowell - December 07, 2023 at 08:32 AM

AL

Beautiful tribute.

April Lowry - December 08, 2023 at 04:41 AM

SC

Yes, beautiful. One only a twin can share. My brothers were twins. It was so hard when we lost one.

susie childers - December 08, 2023 at 08:28 PM



“ *Country Basket Blooms was purchased for the family of Mitchell Warren Sowell.*



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December 06, 2023 at 03:13 PM



“ *Small Garden Dish was purchased for the family of Mitchell Warren Sowell.*



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December 06, 2023 at 11:21 AM



“ *One of my favorite memories of Mitch is when he helped me chaperone Brett’s senior trip to NYC in 2002. We spent three days staying at the Bowery Mission in some of the poorest conditions you can imagine. Mitch became my right hand man as we tried to keep 20+ high school seniors from Georgia safe in the poorest section of NYC just 3 months after the 9-11 attacks.*

*It turns out, the students had a life changing experience and Mitch helped me survive. He was truly a blessing to me and the trip. His dry sense of humor, which Brett inherited, kept me smiling the entire week in NYC.*

*To Pam, Brett, and Allison, our prayers are with you. Though it has been many years, the Smith family remembers our times together and loves you.*

*Cindy, Berry, Little Berry, and Bradley Smith*

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**Cindy Smith** - December 05, 2023 at 03:37 PM

BI

“ I am sorry to hear of this, although I didn't know Mitch all that well, we would pass each other on our walks through the neighborhood and exchange a "good morning and have a great day". Our thoughts and prayers are with the entire family during this most difficult time. Bill and Julie (and Liffey the white dog)

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**Bill** - December 05, 2023 at 09:11 AM

TN

“ Great Friend and Brother in Christ. Praying for family. I miss him.

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**Tom Nixon** - December 04, 2023 at 02:28 PM