



Gary Edward Rost Henry

October 12, 1969 - April 7, 2023

Gary Edward Rost Henry, 53, of Mt. Ulla, passed away on Friday, April 7, 2023. Born October 12, 1969, in Havre-De-Grace, MD, he was a son of Carol Magee Henry and Gene Eric Rost, Sr. Mr. Henry was formerly employed as a crew chief in the racing industry. He attended Nassau Community College. Mr. Henry started his career with his stepfather, Walter Henry and was affiliated with many other race teams over the last 30 years. He was preceded in death by stepfather, Walter W. Henry. In addition to his parents, he is survived by his stepfather, Jimmy Sims; twin sister, Gretchen Deutsch (Stephen); brother, Gene Eric Rost, Jr. (Stephanie); uncle, Tom Dixon (Mary); nieces, Bethany Vanderschaaf (Andrew) and Madison Rost; and numerous cousins around the country. A Celebration of Life will be held at 2:00 PM, Sunday, October 8, 2023, at Cavin-Cook Funeral Home, Mooresville. In lieu of flowers, memorials may be made to NHRA - Racers for Christ or Hope Valley Inc., 105 County Home Rd., Dobson, NC 27017. Cavin-Cook Funeral Home, Mooresville, is serving the family of Mr. Henry. Condolences may be made to the Henry family at www.cavin-cook.com.

Cemetery Details

Cavin-Cook FH & Crematory

494 E. Plaza Drive
Mooresville, NC 28115

Previous Events

Memorial Service

OCT 8. 2:00 PM - 3:00 PM (ET)

Cavin-Cook Funeral Home
494 E. Plaza Drive
Mooresville, NC 28115

Tribute Wall



“ *Country Basket Blooms was purchased for the family of Gary Edward Rost Henry.* ”



October 07, 2023 at 09:41 AM



“ *Another Great memory with my beloved twin.* ”



Gretchen Deutsch - September 18, 2023 at 12:57 PM



“ *I hope you find some peace in this moment of pain* ”

louis rehberger - September 14, 2023 at 05:43 PM



“ *Donna & Jimmy lit a candle in memory of Gary Edward Rost Henry* ”



Donna & Jimmy - May 24, 2023 at 08:14 AM

AT

“ Thank You for the beautiful friendship you gave to Todd. The very night I met Todd we came to your place and had a great time. We all created some beautiful memories together and I appreciate it so much! You will finally get to see Todd again and be pals in the sky! Rest in Peace. My condolences to the family and loved ones.

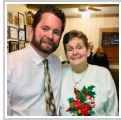


ashley taylor - April 10, 2023 at 08:32 PM

PM

So Sorry to hear about the passing of Gary. He will be Truly Missed.

Pam Mercer - April 14, 2023 at 11:06 PM



Ty Pam

Carol Henry - April 15, 2023 at 06:26 PM

TH

Gary has left this Earth to soon. My heart goes out to his Twin Sister and to his Family. Rest in peace.

Trisha Hollern - May 23, 2023 at 11:15 PM

ML

I have a lot of great memories of hanging out with Gary in our high school days. My most heartfelt 💔 condolences for Carol, Gretchen, Eric and all of his other family and friends.

Michael Leopard - June 17, 2023 at 05:54 AM

RP

Gary Henry family

I was saddened to hear that Gary passed over to the life beyond this earthly world. I knew him for many years in the world of Drag Racing and Gary worked as my Pro Stock crew chief in years gone by.

I knew Gretchen from work

at First Union I remember when she said " my brother is working for you,I didn't even know you were a racer". I told her yes ,for many years and that Gary and I had known each other for years.She was so surprised.

My condolences go out to the family and I can assure you that there are many others that Gary touched their lives that may never be mentioned ,he was a fixture in the racing industry and knew most everybody that raced in all of the sanctioning bodies he was associated with.

God bless each of the family members and many friends as we all remember Gary for what he was , a blessing to many.

God bless ,care for and comfort you all.

*Richard Penland
RPM*

Richard Penland - June 24, 2023 at 04:47 PM

GD

wow Richard, thank you for reaching out. I think of you from time to time and hope you and your family are doing well. Your words of Gary will forever stay in our heart. Thank you.

Gretchen Deutsch - September 03, 2023 at 08:51 AM

GD

Thank you Trish and Michael for your comforting message - Gary has left a huge hole in our family.

Gretchen Deutsch - September 03, 2023 at 08:51 AM

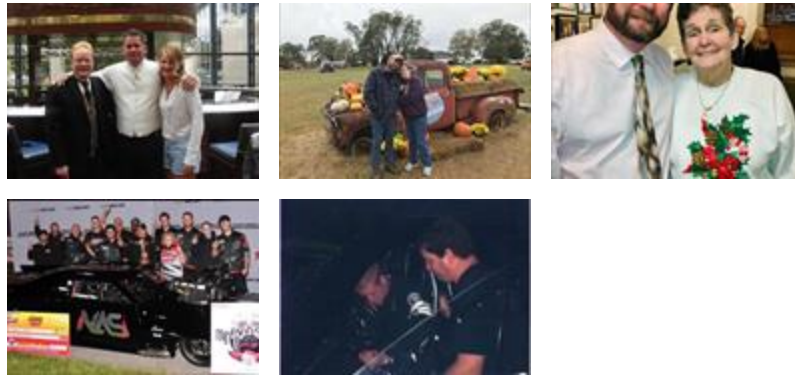
AS

sorry for your loss

art lawson sr - September 30, 2023 at 09:51 AM

GD

“ 5 files added to the album Gary



Gretchen Deutsch - April 09, 2023 at 10:31 PM

JH

“ While you were always more serious at the track, you had an amazing sense of humor at home. Many may not have known that you were a good cook. Your favorite thing to make was the really expensive “worlds best lasagna”! You also had a “Clems Contribution Recipe” for a Turkey you named Clem at Thanksgiving. I’ll never forget the many trips we took to Hot Springs NC. The one room we got at the dive hotel, we loved, and you literally rode the bouncy horse they had in there. I’m sure I’ve got the pic to prove it! We shared many good days and memories there together. You had such a loving heart for animals which was a commonality between us. Seeing you with Babie and Dixie would melt anyones heart. Besides your family, I was your cheerleader, I always believed in you and although we didn’t make it, I continued to Pray good things for you. Your smile and laughter will always be remembered. May you rest in peace Gary.

Jamie Henry - April 09, 2023 at 05:56 PM

LA

“ It’s hard to believe that you are gone and not standing in front of a tv watching *NYPD Blue*. (You never liked to sit down) Mr. Henry all I ever wanted was for you to be healthy and happy. I know that you are now and you will forever be. Thanks for the memories.



Laura - April 09, 2023 at 03:57 PM

CC

“ 7 files added to the album Gary



cavin cook - April 09, 2023 at 08:24 AM

AF

“ SO SAD. I WAS FRIEND OF WALTER AND CAROL. I ALWAYS FANTASIZED HIRING GARY FOR CREW CHIEF IF I LANDED BIG SPONSOR. SO SORRY CAROL AND FAMILY. 🥰🙏🙏🙏🙏🙏🌸
ANIMAL JIM AND LINDA FEURER.

ANIMAL JIM FEURER - April 09, 2023 at 07:50 AM

LA

“ Gary was a great friend and I will miss talking with him. RIP my friend . Never forgotten.

Larryhensley - April 08, 2023 at 09:58 PM

CM

“ My deepest condolences to the family of Gary. I met him through Steve Cross and he left a lasting memory on me. He was enjoyable person that enjoyed life to the fullest

Chuck Maze. - April 08, 2023 at 09:33 PM

HK

“ Working with Gary at the Adrl and many other races over 30 years was awesome he was a very smart man and he taught me a few things along the way you will be missed my friend RIP

Huston kneece - April 08, 2023 at 09:33 PM

HW

“ Working at Denver with him was one of the best times ever. I remember after Walter passed me and him talking in the shop about things and how he was doing. He only let very few people in that shop. After all the years of looking for him I found him on Facebook and started to him. He told me he would help my youngest son to drag race. Give him pointers and a few tricks. We was talking about meeting up and talk about old times.

Hubert Williams - April 08, 2023 at 06:56 PM

CB

“ Gary.... So sad to know your gone. We spent many great years together and I will cherish our memories. I was always so proud of how talented you were in Racing and all the great achievements you made. The insanely fun times you, me and Gretchen shared will always hold a special place in my heart. My sincerest condolences to you Gretchen, Carol, Jimmy, Eric and Gene. I know right now you are in heaven with Walter racing your heart out!

Christina Bisbee - April 08, 2023 at 06:48 PM

DM

“ Gary, you will be truly missed, you were a part of our racing family. Save me a seat in the grandstands on hi....till we meet again, RIP

Donna Micallef - April 08, 2023 at 06:29 PM

MA

“ I was so shocked and saddened to hear of this news. Gary was a special soul, fun loving and smart and a talented crew chief. He was a loyal friend and was always the first to offer a helping hand or high five when he saw good news. He helped many teams and drivers achieve their dreams while living his. He will be sorely missed as he was loved by so many. RIP brother. Our thoughts and prayers are with Gretchen, Carol and the rest of the family. -Mike, Mindy and Justin Ashley

Mike Ashley - April 08, 2023 at 06:20 PM

GR

“ My baby brother (by 2 mins) - I just don't have words to express the immense amount of grief I have in this moment. We were supposed to grow old together. Live on a mountain in Montana. You were my first love.



Gretchen - April 08, 2023 at 05:47 PM

AF

Great picture. So sad

ANIMAL JIM FEURER - April 09, 2023 at 07:55 AM



I'm so sorry to hear this. He was a wonderful person. We spent a lot of time together in a very formative time in the doorslammer world. We never had a negative minute together, knowing that we were in a special position in a historic time of a sport that we loved. He went through the ultimate tragedy and rose up with great success in its aftermath. Prayers for the whole family and all that he touched. Barry Kuhlmann

Barry Kuhlmann - April 09, 2023 at 10:16 AM

ML

I have a lot of great memories of hanging out with Gary in our high school days. My most heartfelt ❤️ condolences for Carol, Gretchen, Eric and all of his other family and friends

Michael Leopard - June 18, 2023 at 05:12 AM

GD

Thank you Michael - so many fun memories the 3 of us shared.

Gretchen Deutsch - September 03, 2023 at 08:51 AM

ML

Yes, indeed Gretchen! I won't be able to make it to the memorial service tomorrow but you and the family will be in my thoughts and prayers. 🙏🥰🤔

Michael Leopard - October 07, 2023 at 07:34 AM